



**A slice of Jamaican paradise**



## What's Crackin'

Breakfast served Tuesday to Friday until 11:30 am/ Saturday and Sunday until noon

### 2 Eggs any Style \$12.00

Two eggs any style with bacon, sausage, or ham. Served with seasoned potatoes and your choice of toast.

### 2 Eggs and Jerk \$14.00

Two eggs any style with smoked jerk pork OR jerk chicken breast, seasoned potatoes and Johnny cakes.

### Grab and Go Sandwich \$7.50

Fried egg, bacon, lettuce tomato, cheddar cheese with our house mayo on a toasted sesame seed bun.

### Home Style Pancakes \$11.00

Three fluffy pancakes.

### Island Spice French Toast \$13.50

Three pieces of French bread dipped in our cinnamon, nutmeg, vanilla infused batter, garnished with fresh fruits, whipped cream and spiced rum.

### All Canadian Breakfast \$14.00

Your choice of two pancakes or Island Spice French Toast with two eggs any style, two pieces of bacon and two sausages.

### All Canadian Lite Breakfast \$12.00

Your choice of a pancake or Island Spice French Toast with one egg any style, one piece of bacon and a sausage.

## Skillets

### Jamaican Skillet \$16.00

Jerk chicken, smoked jerk pork, sweet potatoes, onions, peppers, topped with two fried eggs and cheddar cheese. Served with two Johnny cakes.

### All Canadian Skillet \$15.50

Sausage, bacon, Canadian ham, potatoes, onions, peppers, topped with two fried eggs, cheddar cheese and Canadian bacon. Served with your choice of toast.



All Canadian Lite Breakfast



Jamaican Skillet

## Side Orders

<b>Bacon or Sausage (4pcs)</b>	<b>\$4.25</b>	<b>Ackee</b>	<b>\$7.50</b>
<b>Ham</b>	<b>\$4.25</b>	<b>Avocado</b>	<b>\$2.50</b>
<b>Hollandaise</b>	<b>\$3.25</b>	<b>Egg</b>	<b>\$1.75</b>
<b>Jerk Mayo</b>	<b>\$1.50</b>	<b>Hash</b>	<b>\$4.00</b>
<b>Toast and Jam</b>	<b>\$3.00</b>	<b>Cheese Hash</b>	<b>\$5.00</b>
<b>Saltfish</b>	<b>\$10.00</b>	<b>Johnny Cake</b>	<b>\$2.50</b>

## OUR NATIONAL DISH

### **Yardie Special \$16.00**

Ackee and saltfish, steamed cabbage and spinach, Johnny cakes and sweet potatoes.

## OMELETS

3 eggs served with seasoned potatoes and toast.

### **Classic Omelet \$15.75**

Canadian ham, peppers, onions, mushrooms, and cheddar cheese.

### **Garden Omelet \$15.50**

Stuffed with peppers, onions, tomatoes, mushrooms spinach and cheddar cheese.

### **Jamaican Connection \$16.00**

Smoked Jerk pork, onions, peppers, tomatoes and cheddar cheese. Served with sweet potatoes and two Johnny cakes.

## EGGS BENEDICT

### **Classic \$15.50**

Two poached eggs and ham on a toasted English muffin, topped with hollandaise and served with seasoned potatoes.

### **Jamaican Sunshine \$16.00**

Two poached eggs, smoked jerk pork and spinach on two Johnny cakes, topped with rum hollandaise and served with sweet potatoes.

### **Vegetarian \$15.00**

Two poached eggs, sliced tomatoes, spinach on English muffin, topped with hollandaise and avocado and served with seasoned potatoes.

## VEGAN

### **Vegan Scramble Breakfast \$14.00**

Tofu scramble, veggie bacon, sweet potatoes and Johnny cakes.

### **Vegan Grab and Go Sandwich \$7.50**

Tofu scramble, veggie bacon, lettuce, tomato, vegan cheese, our signature vegan jerk mayo on a toasted sesame bun

### **Vegan Yardie Special \$14.00**

Ackee, steamed cabbage and spinach, Johnny cakes and sweet potatoes.

### **Vegan Skillet \$16.00**

Peppers, onions, mushrooms, spinach, tomatoes, and corn sauteed in jerk spices, topped with vegan cheese and scrambled tofu. Garnished with avocado and served with two Johnny cakes.



**Jamaican Connection**



**Jamaican Sunshine**

## Beverages

### **JAMAICAN BEVERAGES**

Pink Ting	\$3.25
Green Ting	\$3.25
Pineapple	\$3.25
Ginger Beer	\$3.25
Malt	\$3.25
Coconut Water	\$3.25
Cola Champagne	\$3.25
Grape Soda	\$3.25

### **TEA**

Orange Pekoe, Green, Mint, Earl Grey	\$2.50
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### **MARLEY COFFEE**

Blend of Africa	\$3.50
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### **POP**

Coke, Diet Coke,	
Sprite	\$2.75
Iced Tea	\$3.00

### **JUICES**

Orange, Apple	\$3.00
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### **BEERS**

Red Stripe Beer	\$6.25
Carib Beer	\$6.50
Heineken	\$5.95
Corona	\$5.95
Royal Jamaican Ginger Beer	

### **WINES | Monte Creek Ranch**

Blueberry	\$7.00
Chardonnay	\$7.50

## The Garden Patch

### Jam Down Chef Salad \$16.00

A fresh garden salad with peppers, carrots, cucumbers, purple cabbage, tomatoes, green onion, jerk pork, jerk chicken, cheddar cheese, boiled egg and ranch mango dressing

## The Soup Is Hot

### Curry Chicken Soup \$6.50

Curried chicken and curried vegetables in a spicy broth. Served with a Johnny cake.

### Split Pea & Jerk Pork Soup \$6.50

Split peas seasoned and cooked to a smooth consistency with jerk pork. Served with a Johnny cake.



**Jam Down Chef Salad**

## Jamaican Lunch

Served with your choice of coconut rice & peas or seasoned rice, Caribbean style vegetables and Johnny cake.

### BBQ Jerk Chicken Kabobs \$19.00

Cubed chicken marinated in jerk seasoning, assembled into a kabob along with peppers and onions, grilled and finished with our signature jerk BBQ Sauce.

### BBQ Jerk Chicken Breast \$18.00

Chicken breast marinated in Jerk seasoning, grilled to perfection, and finished in the oven with our signature jerk BBQ sauce.

### Curried Chicken \$18.00

Cubed pieces of chicken, seasoned and stewed in a rich curry sauce.

### Brown Stew Chicken \$18.00

Cubed pieces of chicken, seasoned, browned, and stewed in a rich gravy.

### Brown Stew Pork \$18.00

Cubed pieces of pork, seasoned, browned, and stewed in a rich gravy.

### Jerk Pork \$19.00

Chunks of pork, marinated in jerk seasoning, slow cooked, and finished with our signature jerk BBQ Sauce.

### Curried Goat \$24.00

Pieces of goat seasoned and slow cooked in a rich curry sauce.

### Oxtail \$24.00

Pieces of oxtail, seasoned, browned and slow cooked in a rich gravy with white kidney beans.



**Jerk Pork**

## Jamaican Style Roti

Curried chicken or goat along with curried vegetables, potato, lentils, wrapped in a roti. Served with a fresh garden salad and your choice of coconut rice and peas or seasoned rice.

### Chicken Roti \$16.00

### Goat Roti \$17.00



**Jerk Chicken Kebabs**

## Burgers & Wings

### **Jerk Chicken Burger \$16.50**

Chicken breast seasoned with dry jerk spice, our signature wet jerk marinade, grilled and topped with cheddar cheese, lettuce, tomato, red onion, pickle and jerk mayo on a sesame seed bun. Served with a fresh garden salad or fries. Add bacon for \$2.00

### **Full House Beef Burger \$16.00**

Grilled homemade beef patty, cheddar cheese, bacon, sauteed mushrooms onions and mayo, garnished with red onions, tomato, and pickle. Served with a fresh garden salad or fries.

### **Jerk Wings \$7.00**

Chicken wings marinated in jerk seasoning, baked until golden brown and finished in a pan with our signature jerk BBQ Sauce.



**Jerk Chicken Burger**

## Sandwiches

Served with your choice of soup, garden salad or fries.

### **Jamaican Clubhouse \$15.00**

Jerk chicken breast, crisp bacon, lettuce, tomato, cheddar cheese and our signature jerk mayonnaise. Served on your choice of bread.

### **Pulled Pork Bacon Cheddar Sandwich \$15.00**

Slow cooked jerk pork smothered in our home-made BBQ sauce, topped with crisp bacon and cheddar cheese on a bun.

### **BLT \$13.00**

Crisp lettuce, bacon, and tomato. Served on your choice of bread.

### **Jerk Chicken Bacon Avocado Wrap \$15.00**

Grilled jerk chicken, crisp bacon, peppers, green onions, lettuce, cucumbers, carrots, avocado, our signature jerk mayonnaise, and house dressing in a wrap.



**Jamaican Clubhouse**



**Pulled Pork Bacon Cheddar Sandwich**

## Vegan

### **Jerk Tofu Kabobs \$18.00**

Cubes of tofu marinated in jerk spice, assembled into a kabob with peppers and onions, grilled, and finished in a pan with our signature jerk BBQ sauce. Served with your choice of coconut rice and peas or seasoned rice, Caribbean style vegetables and a Johnny cake.

### **Vegetarian Roti \$16.00**

Curried vegetables, lentils, potato, wrapped in a roti. Served with a fresh garden salad and your choice of coconut rice and peas or seasoned rice.

### **Jerk Mushroom Bacon Avocado Wrap \$16.00**

Jerk portobello mushrooms, vegan bacon, avocado, peppers, green onion, lettuce, carrots, cucumbers, tomatoes, vegan ranch and our vegan jerk mayo in a wrap. Served with a fresh garden salad, fries or vegan split pea soup.



**Jerk Chicken Bacon Avocado Wrap**

## Desserts

**Sweet Temptations Cheese Cake \$5.00**

**Jamaican Rum Cake \$5.00**

## Side Orders

Fries	\$5.00	Steamed Vegetables	\$6.00
Jerk Mayo	\$1.50	Jerk Wings (6)	\$8.00
Avocado	\$2.50	Jerk Chicken Kabob	\$6.00
Add Cheese	\$2.00	Jerk Pork	\$11.00
Johnny Cake (2)	\$2.50	Curried Chicken	\$11.00
Jamaican Patty	\$4.00	Curried Goat	\$13.00
Coconut Rice & Peas	\$3.00	Brown Stew Chicken	\$11.00
Seasoned Rice	\$3.00	Brown Stew Pork	\$11.00
		Oxtail	\$13.00



**Chocolate Marble Cheesecake**

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